



Fountain Central Jr./Sr. High School

April 2024

All Lunches Must Include Choice of:
Fruits and/or Vegetable
And May Include: 1% Low-Fat Milk

OFFERED DAILY (with the exception of special Holiday meals)

From the Grill: Cheeseburger, Spicy Chicken Sandwich, Chicken Sandwich, Chicken Tenders or Nuggets w/ Goldfish, OR a Specialty Grill Item

Self-Serve line: Nacho Bar, Taco Bar **OR** Pasta Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entree: Sonic tray: Chicken Tenders, Country Gravy, Fries, Toast 1 Salad: Chicken Chef Salad w/ Goldfish or Roll Deli: Chicken BLT sub Pizza: Meatlovers Vegetable: Fries, Celery Sticks Fruit: Banana, Pears	Entree: Tomato Soup & Grilled Cheese 2 Salad: Chicken Chef Salad w/ Goldfish or Roll Deli: Chicken BLT sub Pizza: Sausage & Cheese Vegetable: Peas & Carrots, Baby Carrots Fruit: Apple slices, Peaches	LTO: Fiery Roasted Jalapeno Cheddar Burger 3 Salad: Chicken Chef Salad w/ Goldfish Deli: Chicken BLT sub Pizza: BBQ Chicken w/ Sriracha Glaze Vegetable: Black Beans, Cucumber Fruit: Pineapple, Applesauce	Entree: Manager's Choice 4 Salad: Chicken Chef Salad w/ Goldfish Deli: Chicken BLT sub Pizza: Chicken & Pepper Popper Pizza Vegetable: Green Beans, Celery Sticks Fruit: Blueberries, Mixed Fruit	Entree: McRib Sandwich 5 Salad: Chicken Chef Salad w/ Goldfish Deli: Chicken BLT sub Pizza: Buffalo Chicken Vegetable: Seasoned Corn, Baby Carrots Fruit: Fruit Cup, Apple slices
E-learning Day 8	Entree: Buffalo Popcorn Chicken Mac & Cheese 9 Salad: All-American Cobb Salad w/ roll Deli: Turkey & Cheese Sub Pizza: Sausage & Cheese Vegetable: Steamed Broccoli, Baby Carrots Fruit: Apple slices, Peaches	Entree: BBQ Pulled Pork Sandwich 10 Salad: All-American Cobb Salad w/ roll or goldfish Deli: Turkey & Cheese Sub Pizza: Meatlovers Vegetable: Baked Beans, Cucumber Fruit: Banana, Pears	Entree: Pancakes and Sausage Patty 11 Salad: All-American Cobb Salad w/ roll or goldfish Deli: Turkey & Cheese Sub Pizza: Chicken & Pepper Popper Pizza Vegetable: Steamed Carrots, Red Pepper Fruit: Orange, Mixed Fruit	Entree: Manager's Choice 12 Salad: All-American Cobb Salad w/ roll or goldfish Deli: Turkey & Cheese Sub Pizza: Buffalo Chicken Vegetable: Green Beans, Baby Carrots Fruit: Fruit Cup, Apple slices
Entree: Honey Stung Popcorn Chicken w/ Soft Pretzel & Ultimate Cheese 15 Salad: Breaded Chicken Caesar w/ Roll or Goldfish Deli: Ham & Cheese BaBoom Sub Pizza: BBQ Chicken w/ Sriracha Glazed Crust Vegetable: Mashed Potatoes, Green Beans Fruit: Pineapple, Applesauce	Entree: Chili w/ Crackers 16 Salad: Breaded Chicken Caesar w/ Roll or Goldfish Deli: Ham & Cheese BaBoom Sub Pizza: Sausage & Cheese Vegetable: Roasted Cauliflower, Celery Fruit: Apple slices, Peaches	Entree: Country Popcorn Chicken Bowl w/ Corn Poppers 17 Salad: Breaded Chicken Caesar w/ Roll or Goldfish Deli: Ham & Cheese BaBoom Sub Pizza: Meatlovers Vegetable: Corn, Cucumber Fruit: Banana, Pears	Entree: Fish Sticks w/ Mac & Cheese 18 Salad: Breaded Chicken Caesar w/ Roll or Goldfish Deli: Ham & Cheese BaBoom Sub Pizza: Chicken & Pepper Popper Pizza Vegetable: Baked Beans, Baby Carrots Fruit: Raisins, Mixed Fruit	Entree: Manager's Choice 19 Salad: Breaded Chicken Caesar w/ Roll or Goldfish Deli: Ham & Cheese BaBoom Sub Pizza: Buffalo Chicken Vegetable: Green Beans, Celery Fruit: Fruit Cup, Apple slices
Entree: BBQ Chicken Cheddar Melt 22 Salad: Popcorn Chicken w/ Goldfish Deli: Chicken BLT sub Pizza: BBQ Chicken w/ Sriracha Glaze Vegetable: Baked Beans, Fresh Peppers Fruit: Pineapple, Applesauce Dessert: Chocolate Pudding w/ Cookie Crumbles & a gummy worm	Entree: Manager's Choice 23 Salad: Popcorn Chicken w/ Goldfish Deli: Chicken BLT sub Pizza: Sausage & Cheese Vegetable: French Fries, Baby Carrots Fruit: Apple slices, Peaches	Entree: Spaghetti & Meatballs w/ Breadstick 24 Salad: Popcorn Chicken w/ Goldfish Deli: Chicken BLT sub Pizza: Meatlovers Vegetable: Green Beans, Cucumber Fruit: Banana, Pears	Entree: Oriental: Orange Popcorn Chicken w/ LoMein 25 Salad: Popcorn Chicken w/ Goldfish Deli: Chicken BLT sub Pizza: Chicken & Pepper Popper Pizza Vegetable: Steamed Broccoli, Celery Fruit: Blueberries, Mixed Fruit	Entree: Chicken Ranch Club Flatbread 26 Salad: Popcorn Chicken w/ Goldfish Deli: Chicken BLT sub Pizza: Buffalo Chicken Vegetable: Steamed Carrots, Fresh Broccoli Fruit: Fruit Cup, Apple slices
Entree: Manager's Choice 29 Salad: Ham Pizza Salad w/ goldfish Deli: Breaded Buffalo Chicken Wrap Pizza: BBQ Chicken w/ Sriracha Glazed Crust Vegetable: Peas & Carrots, Fresh Peppers Fruit: Pineapple, Applesauce	Entree: Salisbury Steak w/ Brown Gravy, Mashed Potatoes & Biscuit 30 Salad: Ham Pizza Salad w/ goldfish Deli: Breaded Buffalo Chicken Wrap Pizza: Sausage & Cheese Vegetable: Corn, Celery Fruit: Apple slices, Peaches			